

STORY AND ART SESSIONS for Artsplay Highland with support from NADFAS.

INSPIRED BY STORIES OF THE SEA AND THE GOLD AND SILVER DARLINGS STORY QUILT.

Delivered by Artist and Storyteller Lizzie McDougall to 16 nursery groups January 2017

Inspire young children with;

- a love of Stories from the area they live in
- a love and awareness of colour
- confidence in art making
- enjoyment of working together
- AND provide a theme to inspire the songs and music making they will be doing throughout the term with their Artsplay Highland visiting Music Specialist.

Lizzie began with a Storytelling Session sitting round The Gold and Silver Darlings Story Quilt. She told the children the pictures were of Stories from around the North and Inner Moray Firth, & that the quilt was made by 150 people in a year.

Stories included; Finn McCoul and the Salmon of Wisdom , Saint Kessock and the Herring , The Cromarty Mermaid , Buying a Wind, The Silver Darlings, The Giantess and Ben Wyvis, The Picts , Mending Old Boots. All the children enjoyed the stories and listened really well they also took part in some actions and in a couple of simple rhymes

Down at the bottom of the deep blue sea, catching fishes for mummy's tea , one two ,one two three

The Children developed ; Good listening, concentration and imagination ,visual imagination and a sense of belonging and connection to the heritage of local area.

Lizzie led COLOUR ART Session with pre prepared paper patchwork blocks, the children worked in pairs around tables choosing favourite colours and colour combinations to decorate their squares .

The children's concentration was excellent

Through PLAYING WITH COLOUR they were developing their own colour awareness and confidence. All the blocks were then mounted together on a paper background . The children then realised that they had made the Patchwork Paper Quilt together , and so called it a FRIENDSHIP QUILT .



THE HIGHLAND STORY QUILTS , LIZZIE MCDOUGALL TEL 01349 863726

lizzie.mcdougall@gmail.com <https://www.facebook.com/storyquilts> www.lizziemcdougall.co.uk
<http://www.tracscotland.org/tracs/storytelling/directory-of-storytellers/storytellers/lizzie-mcdougall>